



INVITATION

To: Members of the AAE Insurance and Standards, Freedoms and Professionalism Committees

Copy: AAE Board and Committee Chairs, Secretariats, Honorary Members

The Spring Meetings of the AAE Insurance and SFP Committees will be held in Lisbon, Portugal on **Thursday 12th April and Friday 13th April**. Instituto dos Actuários Portugueses (IAP) has kindly offered to host these committees meetings.

The schedule of meetings and social program is as follows:

Wednesday 11 April 2018

14.00 - 16.00 WEST

Seminar on hot topics:

- Lutz Wilhelmy (AAE Board member); Topic: SWAP, MA, VA, and all this – is there a right discount rate in Solvency II?
- David Martin (chairperson SFPC); Topic: 'What is a professional?'
- Nuno Matos (Head of PWC Actuarial and Insurance services in Portugal); Topic: IFRS 17 (in Portuguese)

Seminar registration fee: **€ 25**

Venue: Palácio Sottomayor, Av. Fontes de Pereira de Melo, 16, Lisboa (5-10 minute walking distance from Hotel Fontana Park Doubletree by Hilton)

Thursday 12 April 2018

08.30 - 16.00 WEST

Insurance Committee meeting

16:30 - 22.00 WEST

Excursion and dinner

Friday 13 April 2018

09.00 - 16.00 WEST

Standards, Freedoms and Professionalism Committee meeting

Venue:

The venue of the meetings is [Hotel Fontana Park](#), Double Tree by Hilton, in Lisbon.

Hotel:

Rooms can be booked following this link: <http://www.fontanapark-hotel.com/pt/index.html>
No reduced rates are available.

Alternative suggestions for accommodation are:

- 3 stars: Ibis Saldanha, Avenida Casal Ribeiro 23, 1000-090 Lisboa:
<http://www.ibis.com/pt/hotel-2117-ibis-lisboa-centro-saldanha/index.shtml>
located at 5-8 minute walking distance from Fontana Park Hilton.
- 4 stars: Evolution Hotel , Lg Duque de Saldanha, Lisboa:
<http://www.evolution-hotels.com/en/lisboa>
located at 5-8 minute walking distance from Fontana Park Hilton.
- 5 stars: Sheraton Hotel, R Latino Coelho 1, 1069 Lisboa / Av. Fontes Pereira de Melo,
Lisboa: <http://www.sheratonlisboa.com/en>
located at 10 minute walking distance from Fontana Park Hilton.

Please check prices at booking sites like trivago.com or others before booking at hotel site.

Excursion and Dinner on Thursday evening 12 April 2018:

A dinner will be organised on Thursday 12 April 2018. This includes a Lisbon tour from Hotel Fontana Park Doubletree by Hilton followed by dinner at [Restaurante Varanda de Lisboa, Hotel Mundial](#), in the center of Lisbon. Busses have been arranged to take us all back to the Fontana Park Hilton Hotel after dinner.

All AAE delegates and accompanying persons are invited to attend, for which a fee of **€ 50** per person will be charged.

You are requested to gather in the lobby of The Hilton Hotel **at 16:20 hours**. Please, dress comfortably for the weather.

Registration

Registration is now open. Please use [this link](#) to register (login is mandatory). Please register a.s.a.p. but no later than **20 March 2018**.

IAP recommends delegates to stay, at least, for the weekend and bring his or her companion. Portugal has been elected best destination in the world and Lisbon best city break. Please enjoy our beautiful capital!

Meeting sponsors of the AAE Spring meetings in Lisbon:



EXCURSIONS

SUGGESTIONS FOR AAE DELEGATES AND ACCOMPANYING PERSONS

Due to limited demand in recent years, no formal excursions have been organised for accompanying persons. To assist visitors, the following tours are recommended, and accompanying persons are kindly asked to make individual arrangements.

Tours by coach:

We suggest to take a hop on hop off tour in Lisboa:

<https://city-sightseeing.com/en/80/lisbon/107/hop-on-hop-off-lisbon>

Go to Sintra. See below at suggestions 'Outside Lisboa'.

There are many possibilities to enjoy Lisboa and Portugal!

Lisboa: Some Suggestions

Do not miss:

- Take one of the HOP ON HOP OFF buses
- Jeronimos Church (included in the organised tour)
- Jeronimos Cloister (closes at 5:30 pm ; (included in the organised tour)
- "Pasteis de Belém": close to Jeronimos
- Pilar 7: on the bridge. A new belvedere over Lisboa and the river
- Praça do Comercio: one of the most beautiful squares of Europe, open on the Tagus
- Arco da R. Augusta: R. Augusta is a pedestrian street leaving from Praça do Comercio with an arch. On the right hand side there is an entry to the arch, from the top of which you have a great view.
- Enjoy the Portuguese food and wine
- Enjoy downtown

Other Suggestions:

- Benefit from "Parque das Nações": Science museum, a big park close to the river, Casino, Shopping Center, Aquarium, restaurants, places to run, bicycles for rent, etc..
- Enjoy the Chiado area:
 - begin at Largo Luis de Camões (go to Manteigaria and have a warm cream cake);
 - you can go up to Bairro Alto (many restaurants , bars and night life)
 - Largo da Misericórdia (S. Roque Church – a beautiful baroque church and museum)
 - Walk down R. Garrett , take a selfie with the great poet Fernando Pessoa at Brasileira café terrace, go to Largo do Carmo , enjoy the view, and go down using the Santa Justa lift.
- Enjoy the Castle area:
 - Take tram 28 (R. Conceição) or walk up until you find the old cathedral (a XII century construction)
 - Take tram 28 until Miradouro de Santa Luzia

- Go up walking until the Castle S. Jorge and enjoy the view over Lisboa and the river. Specially beautiful if you arrive just before sunset
- Enjoy the river:
 - Take a boat (public transport) at Belém to Trafaria and return. It's a very cheap cruise in the river

ENJOY LISBOA!

Outside Lisboa:

- **Sintra:** a beautiful and romantic town easily reachable by train
 - Do not miss Pena Palace (there is a bus at the train station to go up to the palace). A beautiful mountain, a very unusual palace and a great view (weather permitting)
 - Monserrate palace and park
 - Vila palace (a palace in town with two big chimneys)
 - Stroll around in town: shops , restaurants and a great pastry: "Periquita"
 - Rent an electric car, guided by GPS, at R. Alfredo da Costa (close to the train station)

Or take a tour like this:

<https://tours.com.pt/en/tours/tour-sintra-cascais-and-estoril/>

- **Cascais:**
 - By the sea, a very nice town by the sea, 25km out of Lisboa, easily reachable by train. Even better: rent a car and go there. Go on to Guincho along the sea until Cabo da Roca: the most western point of continental Europe.
- **Alcobaça (1 day journey):**
 - Rent a car and go to Alcobaça by highway (1h). Visit the early gothic monastery that was beginning to be built at 1178.
 - You can lunch at Restaurant Antonio Padeiro (phone: 262582295) and have a pastry at Alcoa pastry (facing the church main entrance).
 - If you have the time: Batalha monastery is also a marvellous example of the "Manuelino" style you are going to see also at Jeronimos during our tour.
 - Go to Sitio, Nazaré and see the view and the place where the biggest waves in the world have been surfed .
 - These places are also close to Fatima.